Low Frequency Sound Stops Painful Attacks of Gout

Specifically designed low frequency sound is showing promising results in reversing the pain and inflammation associated with gouty arthritis. Gout is a painful swelling and inflammation of the joints, which mainly attacks the big toe. Collaboration between medical physicians and BioAcoustics expert, Sharry Edwards, hopes to pave the way for cost-effective, user-friendly, non invasive alternatives to this ailment that affects over 2 million persons per year in the US, especially men.

Terrence Bugno, MD and Jonathan Murphy, MD, two physicians familiar with BioAcoustic principles have substantiated the work with gout. They have confirmed that low frequency sound, when listened to by those suffering from acute gout, can alleviate the painful symptoms and inflammation of joints, literally within minutes.

"For gout sufferers, such as myself, this is like a miracle!" states Dr. Murphy of the Charleston Center for Alternative Health. "Normally, when I have a flare-up, it usually takes two-three days for symptoms to subside and then I'm left with the unpleasant side effects from the medication. It's hard to believe that you can actually watch the swelling and redness disappear but when you're the one in pain you are only interested in the fact that it works." Murphy believes that this new treatment, developed through BioAcoustic research, will be a new lease on life for thousands of gout sufferers.

The technique developed by Edwards through the Sound Health Research Institute, a non-profit research facility located in Ohio, is an adaptation of an emerging science known as BioAcoustics. The Institute has consistently shown that energy patterns contained in the human voice can reflect one's state of health. When distinct vocal characteristics were recognized for persons suffering from gout, a specifically designed low frequency sound produced quick and gratifying results. This symptomatic benefit is a major advance, and represents one of several projects utilizing this potent tool. BioAcoustics, literally "life sounds," has been shown to be able to disclose the potential underlying factors of illness, and provide novel solution using non-invasive, high-tech sound waves.

Through this advance, Edwards' vision to substantiate the founding principles of BioAcoustics in clinic research is being realized. In 1997, recognizing the immense benefits possible through BioAcoustic research, Dr. John Light, President of Hocking College in Nelsonville, began partnering with the non-profit film to be at the forefront of research in complementary health. Dr. Light appeared in the film, Sonic Apothecary, which highlighted this pioneering work. Light envisioned such a breakthrough and has supported Edwards in the hopes of finding just such positive results.

Dr. Terrence Bugno, a Chicago oncologist, has been working with Sound Health for nearly three years. He also confirmed these findings in individual trials. Though not afflicted with gout himself, he often sees cancer patients where gout can be a byproduct of medical therapy. "We know we can eliminate the pain and inflammation of acute gouty attacks but further research will be needed to determine what correlations can be established with existing biomedical sciences. I truly believe that further testing is likely to verify that we've actually eliminated the biochemical reactions associated with gout at the tissue, and perhaps the cellular level." says Bugno.

Both Bugno and Murphy agree that the medicine of the future is in bioenergetic

medicine. The foundational principles of BioAcoustics, according to Bugno, "will be a leading force for biomedicine in the 21st century."

G-OUT box

Steve Sims, participating in the gout research, puts his feet on the wall to show the redness and inflamation that is associated with gout.